



Main Menu

WE SERVE FOOD BETWEEN 12 - 2.30 & 6 - 9 MONDAY TO FRIDAY. SATURDAY ALL DAY 12 - 9. SUNDAY ROASTS AVAILABLE 12 - 5. BANK HOLIDAYS 12 - 5.

STARTERS & SHARING PLATTERS

The classic prawn cocktail with marie rose sauce	£5.95
Soup of the day with crusty bread	£3.50
Mussels in a white wine & garlic sauce served with crusty bread	£5.50
Farmhouse or salmon & dill pâté with toasted bloomer & onion chutney	£5.50
The 3 Blackbirds potato skins 1 x Chorizo & Stilton 1 x Bacon & Cheese 1 x Cheese & Onion	£5.50
Wexford mushrooms cooked in a pepper sauce topped with a melted Stilton on a crisp crouton	£4.50

PUB CLASSICS

Pork or veg sausage & mash with caramelised onion gravy	£8.50
Honey glazed ham with egg & chips	£8.50
BBQ Chicken with chips & salad	£9.50
Homemade pie of the day (see board) with mashed potatoes & peas	£9.50
Hand battered cod & chips with your choice of peas or mushy peas	£10.50
Beef lasagne with garlic bread & salad	£9.50
8oz sirloin steak with chips, peas, mushrooms & tomato <i>Add a sauce to accompany your steak</i> - Stilton - peppercorn - or steak Diane	£16.95 £2.00
Gammon steak with either egg or pineapple with chips and your choice of salad or peas	£10.50
Breaded scampi, chips with choice of garden or mushy peas	£10.95
Classic Caesar salad with chicken or salmon	£9.95
Wild mushroom & Pepper stroganoff with rice	£8.95
Vegetable fajitas served with salsa, sour cream & grated cheese	£9.95
with Chicken	+£1.50
with Steak	+£2.50

SIDES

Sweet potato fries	£2.75
Hand battered onion rings	£2.75
Coleslaw	£2.75
Crisp salad	£2.75

How about a sharing platter?

Bread & marinated olives	£4.95
Nachos served with jalapeños, melted cheese, salsa & sour cream	£5.50
Baked boxed Camembert with chunky bread & chutney, to share	£7.80
Onion rings, breaded mushrooms, southern fried chicken fillets & garlic bread with garlic mayo & BBQ sauce for dipping	£8.00

BLACKBIRD SPECIALS

Slow cooked rib of beef, mash or chips and peas	£13.50
Handmade smoked haddock & spring onion fishcakes, with sweet pot fries and a cucumber relish	£11.95
Chicken pesto pasta with cherry tomatoes topped with parmesan shavings	£11.00

Upgrade your chips

Upgrade your chips to sweet potato fries	£1.50
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BLACKBIRDS BURGER BAR

The Blackbirds beef burger with chips and salad	£9.95
Fully loaded Ultimate Blackbirds handmade burger topped with hand battered onion rings, crispy bacon, melted cheddar cheese, sliced tomato & gherkin	£13.50
Battered chicken burger with BBQ sauce, onion rings & melted cheese	£11.95
Black & blue burger with stilton sauce, mushrooms & onion chutney	£12.50

SUNDAY ROASTS *(only served on Sundays)*

Blackbird Roasts	£9.00
Choice of 3 meats all served with traditional trimmings Veggie options available	

DESSERTS

Please see our dessert boards for the chefs favourites	
Cheese board	£5.50
Chocolate brownie sundae	£5.50
Belgian waffles served with ice-cream & chocolate sauce	£4.50

KIDS MENU

<i>All kids meals are £4.95</i>	
Bangers & mash with peas & gravy	
Cod, chips & peas	
Beef burger, chips & salad	
Chicken strips, BBQ dip, chips & salad	
Meatballs, pasta & garlic bread	

Keep in touch

For all our latest special offers and news, find us on facebook [/TheThreeBlackbirds](https://www.facebook.com/TheThreeBlackbirds) or at www.threeblackbirdsflamstead.co.uk

T: 01582 840330

A: 2 High Street, Flamstead, Hertfordshire AL3 8BS

Please make us aware if you have any food allergies or intolerances and we will do our very best to help. We unfortunately can not guarantee our products are nut free as we have nuts in some recipes. Fish may contain bones and despite our best efforts, our delicious homemade desserts do contain calories. We try to buy from the best local suppliers so if you are one, please let us know. If you have any comments or queries, please ask to speak to the manager or email us at: hello@threeblackbirdsflamstead.co.uk

Lighter Bites

LIGHTER BITES MENU AVAILABLE 12 - 2.30 MONDAY TO FRIDAY. SATURDAY ALL DAY 12 - 9.

CIABATTA OR BAGUETTE

All served with a side salad

Standard Fillings

£5.50

- Ham
- Cheese ✓
- Tuna Mayo
- Chicken,
- Egg
- Cheese & Onion ✓

Premium Fillings

£6.50

- Bacon & Brie
- BLT
- Prawn Marie rose
- Posh fish finger samie with homemade tartare sauce
- Tuna melt
- Chicken Bacon Mayo
- Steak and Onion

Fancy something extra?

Add chips or a cup of Soup of the Day to any of the above

£1.00

Not just bar snacks

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NIBBLES AND LIGHT SNACKS

Meat ploughmans	£6.50	Sweet potato fries & salsa ✓	£5.50
3 cheese ploughmans ✓	£6.50	Chips ✓	£4.00
Hand made scotch egg & chutney	£4.50	Marinated olives ✓	£1.50

Did you know?

HERE ARE A FEW REGULAR FEATURES AT THE THREE BLACKBIRDS AT FLAMSTEAD THAT YOU MAY NOT KNOW



OAP OFFERS

Set Menu 2 Course Lunchtime Special Offer
Served Monday to Friday (excluding Bank Holidays)

£6.95
each

SPECIAL DIETS CATERED FOR

We cater for gluten free, vegetarian & vegan diets. Please ask your serving staff for more details.



FISH & CHIPS TAKEAWAY

We also serve **Gluten Free** Fish & Chips! Ask for details.

£6.95

CHILDREN'S MENU

All our main courses from our pub classics menu are available for children (excluding steak).

£4.95

AFTERNOON TEA

New to Three Blackbirds! We are very excited to be offering scrumptious sandwiches and fresh cream cakes!
*Fizz will be available as an extra

Prices start from
£12.95
per person



Join us for Sunday Roast

SERVED BETWEEN 12 AND 5PM EVERY SUNDAY.

Blackbird Roasts
Choice of 3 meats all served with traditional trimmings
Veggie options available ✓

£9.00